



Yellowknife Adult Soccer League

Rules and Regulations

Updated July 21, 2011

THE LEAGUE

The Yellowknife Adult Soccer League (YKASL) is a volunteer run organization that provides an opportunity for adults to develop their skills, stay in shape and play soccer in an enjoyable environment. This league abides by the Laws of the Game as outlined and approved by FIFA and expects its members to exhibit good sportsmanship and fair play at all times.

EXECUTIVE

Each year the YKASL depends on ambitious, organized and motivated individuals to volunteer their skills to help run the League. The YKASL Executive is comprised of a President, Vice President, Treasurer, Secretary, and a maximum of three (3) additional Directors. Members interested in contributing their specific skill-set or talent to the YKASL are more than welcome to put their name forward for an Executive position which reflects their interest.

The Executive of the YKASL will meet:

- once prior to the YKASL's Annual General Meeting (AGM) to prepare discussion topics;
- during the YKASL AGM with the rest of the membership;
- at least once throughout the season in order to stay on top of issues and suggestions that may arise; and
- once following the end of the season to evaluate the season and plan for the following year.

REGISTRATION

Deadlines for the submission of team fees will be established each year at the YKASL Annual General Meeting (AGM). Any teams that miss the deadline, except those teams with reasonable rationale which has been approved by the President, will not be included on the schedule for the entire season.

All teams are required to have all of their members registered online with the NWT Soccer Association and must appear on the YKASL game sheet prior to playing their first regular season game.

Performance Bond

A portion of each team's fee goes towards their performance bond. The purpose of the performance bond is to encourage teams to take an active role in the YKASL. The performance bond is currently \$250 and any portion remaining will be returned to the team at the end of the season.

Teams will lose \$50 from their performance bond each time:

- a team captain or representative from the team (who is not already on the Executive) fails to show up for an Executive & Team Captain's meeting (assuming a 2 week notice has been given)
- a team captain or representative from the team doesn't attend the referee refresher (assuming a 2 week notice has been given)
- a team cancels a game without giving the other team captain(s) **and** the Director of Referee Development 24 hours notice
- a team fails to line the field for their scheduled time
- a referee from their team fails to show up to referee an assigned game
- any other reason for which the Executive deems necessary

Teams that forfeit their entire performance bond will be required to post an additional \$250.00 prior to their next scheduled game. The team in question will forfeit every scheduled game until they have re-posted the \$250.00 with the League.

TEAM RESPONSIBILITIES

In order for the YKASL to operate successfully, each team is expected to contribute to the operations of the league so that the work is shared equally amongst all teams. Each team is required to identify at least three (3) individual as team captains. This ensures that when meetings are called a team representative is available to attend, and when communications are circulated to teams, information can be disseminated efficiently.

Each team is required to put forth the name of one individual to the Director of Referee Development to participate as either a referee or linesman throughout the season. Teams that cannot provide a referee must contribute to the YKASL in some other way (e.g. picking up garbage, raking rocks off the fields, painting the equipment box, etc.). Teams will be advised of their turn to help with the lining of the fields by a Director of the League.

PLAYER RESPONSIBILITIES

Team captains are expected to act as a role model on and off the field, to support the referee's decisions, discipline and enforce suspensions of teammates, and have a understanding of the League's policies, rules and regulations. If a team allows a player to play during a game when they are under suspension from the YKASL or the NWTSA, that game will be rendered a 2-0 forfeit against the team who committed the offense. Similarly, if a player who was not registered with the League who is found to have played in a game, the team fielding that player will receive a 2-0 loss in for which the player played.

Team captains are required to bring a game-sheet to each game. If a referee questions a player on the field and the team captain cannot show the player is on the team's roster via the game-sheet (hard-copy or electronic), that player is not eligible to play; doing so would result in that team receiving a 2-0 loss.

All players must conduct themselves with sportsmanship and according to the NWTSA and YKASLs policies, procedures, and regulations.

REFEREE RESPONSIBILITIES

Referees will be paid \$40 per game and linesmen and assistant referees will be paid \$20 per game. Referees must show up at the field prior to the game and conduct a safety check and ensure that all players are wearing proper equipment and are not wearing any jewelry (taping is no longer acceptable). Referees must bring a game sheet to each game to ensure that only eligible players are involved with the match.

Following each game, the match official must input the game scores and any carded offenses into the website. A referee must fill out and submit an NWTSA Accident/Incident form for any serious injuries or incidents. The league President and Director of Referee Development must be contacted immediately if

the referee believes further discipline may be warranted following an incident. It is the responsibility of each referee to familiarize them self with the NWTSA's weather and player equipment policy.

REGULAR SEASON AND PLAYOFF FORMAT

The structure of a season may be changed prior to the beginning of the season. Any new teams to the YKASL or teams wishing to change divisions, from the previous season in which they played, must notify the YKASL at the AGM.

Indoor Season

Teams will field six (6) players, including the goal-keeper, and no more than four (4) of which must be from any one gender. No teams may play with less than four (4) players at any one time and teams that cannot fulfill the minimum gender requirement will play short.

Teams may add additional players up until the end of their final regular season game. Players may not play for more than one team in a season and any transfer between teams must be in accordance with the YKASL's Player Transfer Policy.

A regulation game will consist of two halves of twenty-five (25) minutes with a maximum of a five (5) minute half-time interval. The duration of each half or the half-time interval may be shortened at the discretion of the referee.

Outdoor Season

Teams will field nine players, including the goalkeeper. In the CO-ED Division, teams may not play with more than six (6) players of any one gender. No team may play with less than 6 players at any one time and teams that cannot fulfill the minimum gender requirement will play short.

Teams may add additional players up until the end of their final regular season game. Players may not play for more than one team in a season and any transfer between teams must be in accordance with the YKASL's Player Transfer Policy.

A regulation game will consist of two halves of forty (40) minutes with a maximum of a five (5) minute half-time interval. The duration of each half or the half-time interval may be shortened at the discretion of the referee.

The winners of each division will be determined by the team that has earned the most points throughout the season (3 pts for a win, 1 pt for a tie). In the event of a tie, the team with the fewest goals against will prevail. In the unlikely event that teams are tied in both the preceding situations, the League scheduler will contact both team captains and schedule a time slot where the teams will play a 20 minute game, followed by penalty shots in the event of a tied game, to determine the winner.

Defaults

If a team cannot field a team for a scheduled game according to the YKASL website, their team will forfeit the game 2-0. If a team has a legitimate scheduling conflict (e.g. if Northwestel has a company BBQ during a time when they're supposed to play, or Summit Air has a training camp in another

province) and the team notifies the YKASL scheduler with sufficient advance notice, the scheduler will **attempt** to re-schedule the game.

If the team that cannot make a scheduled game contacts the other team's captain and the Director of Referee Development more than 48 hours in advance of that game, they will not be required to forfeit a portion of their performance bond.

Games in both the indoor and outdoor season in which at least half of the scheduled game has taken place but needs to be ended (e.g. due to weather, facility damage, power outage, etc.) will not be re-scheduled and the scores will be considered final.

Playoff Format

The schedule of the playoffs will be determined each season by the Executive Committee and/or the league scheduler depending on the available field times. The structure of the playoffs will be dependent on factors such as the number of teams, division, and the availability of field/facility time. Team captains will be involved with helping determine the playoff format for each season; which should be done as early as possible.

Any cards and suspensions from the regular season carry over to the playoffs. Any suspension that a player receives during the playoffs that isn't completely fulfilled (a red card or a third yellow resulting in a one game suspension) will carry over to the next YKASL season in which the player plays. The League may also fine any player who receives a suspension during the playoffs.

DISCIPLINE

Verbal abuse, dissent and foul language will not be tolerated by players or substitutes. Violent or abusive conduct, especially when directed towards officials, shall be met with the strictest penalties and violators will at minimum receive a red card. Any incident of deliberate physical violence shall result in suspension from the YKASL, the extent of which will be determined by the Disciplinary Committee.

Each accumulation of three (3) yellow cards by a player in a single season or two (2) yellow cards in a single match shall result in a one match suspension. A red card acquired in a single game will result in a two (2) game suspension

Team captains have the responsibility to track suspensions of players on their team and ensure that suspended players don't play during a suspension. Any teams found playing with suspended players or players who were not on the game sheet at the time of the game in question, will forfeit and the match will be recorded as a 2-0 loss.

DISCIPLINARY COMMITTEE

The purpose of the disciplinary committee is to review incidents that arise throughout the YKASL season. The committee will be struck when necessary and will be comprised of three (3) members, none of whom may have been involved in the match in question, and ideally, one must have no affiliation with YKASL.

The President or his/her delegate will request a summary of the incident in question from one or both team captains (depending on the circumstances of the incident) and the referee assigned to the game. This information will be forwarded on to the disciplinary committee for review. The disciplinary committee will make recommendations, which the President (or delegate in the event of conflict) will accept, reject, or modify as they see fit.

The referee or a team captain may request a disciplinary hearing be held within 7 days following a match in which they believe a serious incident occurred.

The disciplinary committee has the authority to recommend suspensions up to the remainder of the current season and will involve the Executive Committee in cases where they believe additional penalty is warranted. Any disciplinary decisions taken with regard to the YKASL where a serious injury has occurred or the YKASL believes that suspension from NWTSA activities are necessary, will be referred to the NWTSA.

The details of how the disciplinary proceedings will be convened follow the NWTSA's Dispute Resolution Policy, insofar as they may apply.

APPLICATION AND REVIEW

These operations and regulations are in effect and apply during the entirety of the YKASL season during all league activities. This includes all meetings of the Executive and team representatives (pre and post season as well), teams practicing during YKASL reserved field times, exhibition matches, regular season and playoff games, and any league events (e.g. year-end tournament, BBQ, etc.)

These operations and regulations may be modified by resolution of a majority of Executive Committee members and team representatives present and eligible to vote (one rep per team not on the Executive Committee may vote) at an Executive and Team Captain's meeting.

Appendix 1

Responsibilities of the Yellowknife Adult Soccer League (YKASL) Board of Directors

- to establish the league's mission, vision, direction and purpose;
- to develop, implement and ensure compliance with a constitution, bylaws, policies and limitations;
- to select, evaluate, support and guide the President;
- to ensure the financial health of the league by ensuring there are adequate resources to carry out its work and by monitoring the budget and expenditures;
- to enhance the league's public image through coordinated networking, public relations and promotional activities;
- to determine and monitor the league's operations;
- to oversee the operations of the Board by determining its role, evaluating its operations, and by recruiting, training, capacity building and evaluating individual board members;
- to maintain ties to the membership and to ensure that the needs of the members are considered in key league decisions and communicated effectively to the membership.

Role of Individual Board Members

Direction:

- understand and support the league's mission, vision and purpose;
- establish goals, objectives and priorities for the league in meeting the needs of the community;
- assist in the establishment of league policies.

Compliance:

- ensure the league is in compliance with its legal obligations;
- ensure the league is in full compliance with any parent body/territorial body which provides it with its mandate to operate.

Personal Commitment:

- commit to the work of the league;
- attend and participate in Board meetings, committee meetings and other functions where Board attendance is expected;
- prepare for and participate in the discussion and deliberations of the Board;
- monitor and evaluate the effectiveness of the league's operations;

Financial Management and Oversight:

- understand and scrutinize all financial matters;
- approve the annual budget and/or spending plan;
- ensure that the league operates in a fiscally prudent manner;
- assist with any fund raising or resource development initiatives which may require Board support and involvement.

Public Relations:

- work to enhance the public image of the league;
- promote membership in the league and on the Board;
- maintain ongoing relationships and communication with members;
- assist in the coordinated public relations activities of the league as appropriate.

Personal Conduct:

- keep Board discussions confidential;

- be aware and abstain from any conflict of interest;
- be mindful of the membership's needs and wants when participating in all discussion and deliberations of the Board;
- avoid any interference in the day-to-day operations of the league.

Director of Referees is responsible for:

- preparing a referee training session prior to the season
- scheduling referees and linesmen throughout the season
- responding to inquiries relating to the Laws of the Game
- participating on a disciplinary committee if required
- making recommendations to improve referee coordination and development

Director of Operations is responsible for:

- ordering supplies for the lining of the fields and equipment for the League (i.e. corner flags, ball for each team, paint)
- implement a schedule to ensure the fields are lined when necessary throughout the season
- making recommendations to improve the operations of the League

Director of Communications is responsible for:

- communicating with the local radio station to have game scores announced
- making recommendations to improve communication to members and to the general public

Director of Special Events could be responsible for:

- organizing a year-end tournament
- organizing a year-end BBQ
- making recommendations and organizing other events for the League

Regardless, of the role, it is important that teams put forth names of members that can help contribute to a better league and individuals are more than welcome to suggest new Director positions to the Executive.

Role of Individual Team Captains

Direction:

- understand and support the league's mission, vision and purpose;
- provide leadership and manage her/his team's participation the league;
- assist in the establishment of league policies.

Compliance:

- ensure her/his team is in compliance with the league's general spirit, policies, rules and regulations;

Personal Commitment:

- commit to the work of her/his team and of the league;
- attend and participate in Board meetings, committee meetings and other functions where Team Captain attendance is expected;
- prepare for and participate in the discussion and deliberations of the Board and Team Captains;

Financial Management and Oversight:

- ensure that the her/his team fulfills its financial obligations to the league;

- assist with any fund raising or resource development initiatives which may require Board and Team Captain support and involvement.

Public Relations:

- work to enhance the public image of the league;
- promote membership in her/his team, as appropriate, and in the league;

Personal Conduct:

- keep Board discussions confidential;
- be aware and abstain from any conflict of interest;
- be mindful of her/his team's needs and wants when participating in all discussion and deliberations of the Board;
- ensure her/his team's conduct reflects positively on the league;
- avoid any interference in the day-to-day operations of the league.